

Social Emotional Learning (SEL)

Definition

According to the Collaborative for Academic, Social, and Emotional Learning (CASEL), SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

SEL Mission Statement: Through the systemic framework of SEL, we will provide equitable and inclusive supports to stakeholders, that empowers them and influences their approaches in educational settings to create holistic outcomes and maintain healthy relationships.

SEL Vision Statement: Through the implementation of SEL's systemic framework, we nurture safe, supportive, and equitable learning communities where staff are empowered to co-create thriving schools where identity, agency, and belonging are central to culture and climate.